



Play To Behave Facebook Live Summary

May 3, 2017

Summary on Nuisance Barking

How to Control Nuisance Barking at people, dogs or other animals out the window or in the yard

There are many reasons for barking but this facebook live focused on your dog's nuisance barking inside the house at people, animals and other things at a distance outside the house. Examples include a jogger running by, someone walking their dog or a squirrel in the yard.

3 Key Points

1. Prepare - your plan and set up

- a. Have items you will need available, such as:
 - i. Rewards
 - ii. Leash
 - iii. Tie (to tie to you)
 - iv. Clicker
 - v. Crate
 - vi. Gates
 - vii. Window covering
 - viii. Bed and/or Mat
 - b. Environment:
 - i. Set it up so you know they will bark when you can work on it
 - ii. Set up the environment to follow through with your plan, ie. close the doggie door, have the gates set, etc.
 - c. Plan:
 - i. Know your choices for you are going to do ahead of time
 - ii. Practice your plan
 - d. Train ahead of time to give them mental and physical exercise
2. **Training** - you will need to work on training to build your relationship and for skills you can use to work on the barking
- a. "Say Please" - teach your dog to look to you for information
 - b. Teach Place
 - c. Work on recall
 - d. Train to love the crate



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3. What to do when your dog is barking

- a. First, look and say "It's okay"
 - i. Will learn over time what is okay and what they can bark at
- b. Second, vary the following response because you don't want to teach "Bark → go get treat!"
 - i. Recall
 - ii. Send to Place
 - iii. Crate
 - iv. Gate
 - v. Leash
 - vi. Tie to you
 - vii. Distract with training or activity

3 Biggest Mistakes:

1. **Patience** - Patience is required. Realize that the solution may take as long or twice as long as behavior has gone on, but know that it will improve quickly
2. **Allow to continue** because repeating behavior reinforces it and can cause it to become automatic. So you need to prevent it when you aren't home. Cover windows, get a sitter, crate your dog or come up with another good solution, if you can.
3. **Corrections**
 - a. Increase anxiety because you are "barking" too! It may work temporarily, but chances are, two minutes later, they are barking again
 - b. Can begin to associate whatever they see with something increasingly negative; possibly pain if you are using something aversive
 - c. What about shock or spray bark collars?
 - i. Can start to associate with whatever they see walking by and worsens over time
 - ii. They can work for some dogs so if in a pinch like getting thrown out of apartment, then I could understand but...
 - iii. Otherwise, we want dogs to bark to alert us. We just want don't want them to bark at things we know not to threaten us.
 - iv. If due to or involving anxiety, they still have it and can come out in other ways becoming destructive, for example, chewing up things in your house to release the anxiety
 - v. Also, it's like taping your mouth. Very frustrating for the dog